

## Good Monday Morning!

This week I will be talking about aging faithfully. This is for all of us because each day we are another day older; we hope that we are living each day faithfully as a child of God.

Our scripture today is from Psalm 56:3-4.

“When I am afraid, I will trust in You. In God, whose word I praise, in God I trust; I will not be afraid. What can mortal man do to me?” I encourage you to read the entire Psalm.

Sometimes, those of us who are over a certain age feel lost because of all the new technology that is at our fingertips. For those who are under a certain age, they may feel lost when their parents or grandparents say things such as “well when I was young...”.

When we look at the Bible we may remember Moses who had difficulty speaking, or Abraham who thought he was too old to carry out God’s plan, or looking back to last weeks’ Old Testament lesson about young David being chosen by God, we realize that age is not the important thing. It is our heart, our faith that God looks at.

Whatever our age, we might feel out of step with things going on in the world. I know that in these days of COVID-19, even pastors feel out of step. There was no class on what to do during a world-wide pandemic and sheltering in our homes.

How do you feel out of step? Each of us is having to learn or remember skills that are important to have during this crazy time. What we all have in common is that we miss being with our friends, we miss the hugs, the being shoulder to shoulder.

Our scripture for today says, “When I am afraid, I will trust in You. In God, whose word I praise, in God, I trust; I will not be afraid.” Yes, we *can* trust God, we *can* learn new things, we *can* embrace new things!

Several recent conversations amongst pastors have been “what will the Church look like after COVID-19?” This is something we might think about, what will St. Andrew’s look like, be like, after we are all back together, in person? We need young and old to think about this, learning from each other! When we do this through our faith, we will be surprised at the results. Intergenerational ministry is important to every church. Instead of focusing on one age group it focuses on all age groups. It brings everyone together through their faith, through their life experiences and creates something wonderful! Each one of us has something to share with others; let us all open our minds and hearts to hearing what God is calling us to do together so that we may age faithfully together!

Let us pray,

Loving God, You nurture and guide us like a loving parent. We pray for the young and the old and those in-between. Help us to learn from each other so that we grow together in faith and step out together to serve You through the Church. May we trust in You and respond to Your call on our lives as we struggle through these days; may we bring comfort and love to each other; may we take time for ourselves so that we remain strong and healthy. In Jesus’ name we pray.

Amen

*Pastor Linda*